



# PRAYER CALENDAR

S M T W T F S


## My Home's Top Prayer Requests

List family members and write in their prayer requests.

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◀ Mark your calendar each time you pray together.

## **MAKE A COMMITMENT TO BE A 7-5-2 HOME!**

- 7 – Pray seven days a week individually for your family (parents, siblings, grandparents, children, spouse, etc.).
- 5 – Pray five times a week with your family.
- 2 – Pray at least two times a week with your spouse.

## **SUGGESTIONS FOR USING YOUR PRAYER CALENDAR:**

1. Place your Prayer Calendar on your fridge or in some other central location of your home.
2. Have each family member write a 7 or use a sticker to mark their individual prayer times. Write a 5 or use a different sticker to mark the times you prayed as a family. Write a 2 or use a different sticker to mark the times you prayed as a couple.
3. Use the “My Home’s Top Prayer Requests” for each family member to share the prayer requests they would like the family to pray for.
4. Celebrate at the end of each week by talking about the prayers that God has answered.
5. For the family prayer, give each family member a certain day to decide when, where and how your family will pray.  
Ex: Mom’s day is Monday, and she has decided that the family will go on a prayer walk after dinner; or five-year-old Jessie’s day is Thursday, and she wants to have prayer together during breakfast.
6. Use this simple prayer prompting to jump-start your family prayer times. Have an adult or teen start the following statements and then have each member take turns filling in the blank:
  - God, I love and thank You because ...
  - God, please help ...
  - God, I’m sorry for ...
  - Lord, I trust You with ...