

FAMILY TIME IDEAS



PURPOSE

To sample methods for simple faith discussion strategies that will help you fulfill the commandment for parents to impress faith on their children (Deuteronomy 6:6-9)

ADVANCE PREPARATION

Select a meal, bedtime and/or evening for you to try out one or more of the simple family time examples on the reverse side.



Try one or more of these simple family time strategies:

MEALTIME: Capture moments while eating together

- **What to Do:** After giving thanks for your meal, someone shout “*High-Low!*” That means everyone around the table must share the high point and low point of their day.
- **What to Say:** While eating ask “*If God wrote a letter directly to you this week, what topic would He address and what would He say?*”
- **Go Further:** Get the free Meals@Home guide and audio presentation from the campus HomePointe Center or at homepointe.org/meals

BEDTIME: Give a brief blessing at bedtime

- **What to Do:** While tucking in for bed, parent or child says, “*What do I love?*” The other person must then guess what the person is thinking in one of the following categories...
 - A fun moment they shared that day
 - Something nice about the other person
 - Something they appreciate that person did today
- **What to Say:** Ask “*What do we want to give thanks for before falling asleep?*”
- **Go Further:** Get the free *Blessing Faith Path* kit from the campus HomePointe Center or download from lakepointe.org/faithpath

FAMILY TIME: Fun activities that prompt faith dialogue

- **What to Do:** Go to the top of the stairs while the kids wait at the bottom. Say “*Let’s pretend I am God in heaven who wants you to be with Me.*” How can the kids get up the stairs without touching the stairs or the railing? Let them try before revealing the secret: “*You must ask me to come down and carry you up!*” When done, serve a special treat while you...
 - **Read:** Romans 6:23 and Ephesians 2:8
 - **Explain:** “*Just like Dad had to do what you couldn’t do for yourself, Jesus Christ came down from heaven to save us because we couldn’t save ourselves.*”
 - **Pray:** Thank God for the free gift of salvation.
- **Go Further:** Pick up the free *Family Time Faith Path* kit from the campus HomePointe Center or download from lakepointe.org/faithpath

MOVIE NIGHT

If you have older kids, watch a movie together and discuss the themes of the story that either reinforce or undermine a Christian view of the world. Listen to a free podcast and download a free guide at homepointe.org/movies