



Tools For Men

Daddy & Daughter Dates

Purpose

Establish the habit of taking time to connect with your daughter.

Advance Preparation

- Set a time on your calendar for a special date with your daughter.
- Plan your time together. It can be as simple as “dessert with daddy” or dinner and ice cream. It is less about what you do and more about fostering a connection.
- Consider letting your daughter help plan what you will do. Give her some choices or let her pick her favorite restaurant.
- Think of ways that you can make her feel special and valued. You might even want to pick up a flower for her that night.
- Optional: Purchase a gift or write a meaningful note to give to your daughter such as a necklace or photo book/journal to put keepsake items from your dates.
- For specific ideas for daddy and daughter dates, check out the book *Daddy Dates* by Greg Wright.

During the Date

1. Initiate meaningful conversation that is appropriate for the age of your daughter. This is the time for positive connection, so try to avoid issues that might come across as negative or that could create conflict. Use open ended questions like:
 - Who do you enjoy hanging out with? Why?
 - Tell me about someone you look up to.
 - What two things can I pray about for you?
 - If you could spend one day with anyone in the world, who would it be and why?

Listen to your daughter’s answers and ask more questions as she shares.

2. One of the main goals to begin a habit of daddy/daughter dates is to give your daughter a picture of and set the standard for how she should be treated by boys that may date her in the future. Make the most of any situation during your time together to pour into her as you show her respect and attention.
3. Choose a time to affirm and encourage your daughter. Give specific examples of things that you see in her and give her a vision for how God might use that in her future. If you brought a gift or note, use this time to give it to your daughter and bless her. For insights on giving a meaningful blessing watch the free BLESSING training video at lakepointe.org/faithpath.
4. Sometime during your date read 1 John 3:1 “See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!” Spend time telling your daughter about how much you love her and how much more her Heavenly Father loves her.
5. Take at least one picture so that you can capture the memory and look back on that time together. Consider starting a keepsake book of your daddy/daughter dates.
6. Plan the next date and get it on the calendar. Ask your daughter what she might enjoy doing during your special time together.