

Relive

Best Use

A date night activity and discussion guide

Nutritional Value

Husband and wife will look over photos to reminisce about the beginning of their relationship together.

Advance Preparation

- Schedule a date at a location that is the same as or similar to one of your first dates.
- Gather a few pictures from when you first started dating to bring with you.
- Bring this Recipe Card.

During the Date

• Pull out the photos and talk about the fun memories each one brings.

Discuss

Take turns answering the following questions:

- 1. When did you first notice/see your spouse?
- 2. What was he/she wearing?
- 3. What were your first thoughts?
- 4. When did you first kiss your spouse?
- 5. When did you first say "I love you?"

Reflection

I. Compe	te this sentence:	One of the	e qualities t	that first	drew me	to you
was your						
(i.e., sincerity	; loyalty, compassior	n for others, d	esire to pleas	se the Lord,	, passion fo	r truth)

- 2. Share your funniest memory together: I'll never forget the time . . .
- 3. Discuss this quote: "If you want what you once had, you must do what you once did."

Bonus

- Before you go to bed tonight, pray with your spouse, thanking God for great memories and your life together.
- Within the next three days, download one of your old love songs and dance together.